

REPORT

NIIGATA UNIVERSITY SUMMER PROGRAM -2024

PROGRAM OVERVIEW

I participated in the Niigata University Summer Program 2024, a 4-day immersive experience held from (August 19-22) at Niigata University, Japan. The program aimed to foster global understanding, cultural exchange, and academic collaboration among international students. This program was vividly based on group discussion and team work where the exchange students were to collaborate and co-operate with the NU Students.

The Program was basically inclusion of these activities:

1. ***Cultural Orientation***: Introduction to Japanese customs, language, and etiquette. While discussing and working in a group I got to know more in depth analysis of how behavioural etiquette and culture was all about.
2. Secondly, we were to do a presentation which was a radio Drama production. This was very exciting and enriching experience to work and participate in such programs which provides us with valuable insights.

What actually kept me engaged throughout this program was the communication and language skills which I got to learn from the NU students.

The Insights and outcomes experienced

- Enhanced understanding of Japanese culture and society
- Developed knowledge in Japanese arts and cuisine
- Established connections with international peers and Japanese professionals
- Gained insights into Japan's academic and more about Niigata University Japan

CONCLUSION

In conclusion I would just say that program conducted by Niigata university japan provided an insightful experience and I'm thankful for this opportunity cause it not only allowed me to engage in meaningful project but also to prosper in my academic growth also. I would be thankful for this opportunity to represent Delhi University and show case in international platform and I would love to give insights in my future endeavor's .

Niigata University Summer Program 2024

Report

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Name of student: Shreya Aneja, B A hons Geography, 3rd year, Indraprastha College for Women, University of Delhi

The Niigata University Summer Program 2024, held from 19th to 22nd August, brought together students from various countries, connecting them virtually to foster cultural understanding and collaboration. Three Delhi University students, Disha Goyal, Shreya Aneja and Bhavna Singh were selected from India. This year, the program focused on the Japanese concept of “**Enryo,**” which emphasizes mindfulness of others’ feelings and needs. Participants were grouped into five teams, each tasked with creating a drama that reflected this theme. Through online engagement, students from different cultural backgrounds worked together, enriching their learning experience through cross-cultural dialogue.

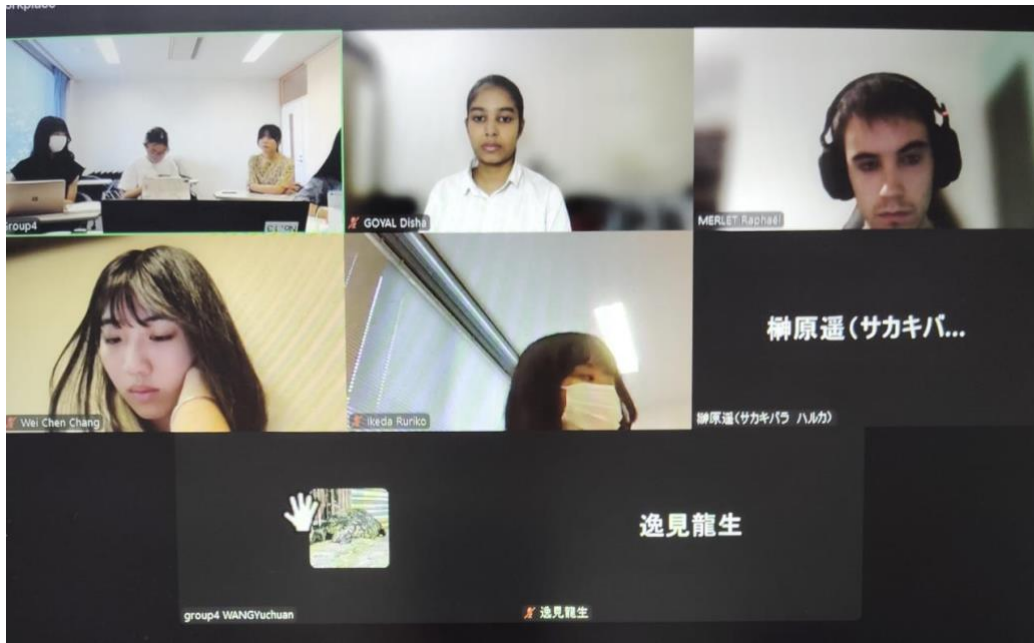
During the course of this program I had the opportunity to work in group 4, consisting of Raphael (France), Wei Chen (China), Haruka, Yuchuan, Ruriko (Japan) and myself, Disha Goyal (India). Shreya worked in Group 1, consisting of six members: Ryutaro (Japan), Natsumi (Japan), Hikaru (Japan), Zhang (China), Mariana Kim (Russia), and Shreya (India). Our work explored how practicing ‘enryo’—the Japanese cultural concept of restraint and consideration for others—promotes modesty and enhances interpersonal relationships.

Day-wise schedule

On Day 1 we indulged in collaborative learning by understanding each other’s culture and language. There were some language barriers faced which we tried to overcome by making common group to share ideas. From Day 2 we started working on the script of the play, completing the first draft. On Day 3, we finalised the characters and started enacting our roles. Post rehearsals, we ended the day with a group picture and sharing feedback. Day 4 (22nd August) was the final day of the Niigata University Summer School wherein all the groups had a final showcase of the drama they had prepared during the entire duration of this program.

Overall, the Summer School was all about collaborative learning, teamwork, cultural exchange and tons of memories and learnings along the way. We observed and learnt the efficiency with which they worked thereby creating a proper work-life balance. This was a great opportunity for both of us to engage with like-minded people from across the globe and takeaway new ways of improving the education system.

At last, we would like to thank Delhi University International Relations office team for providing us with the opportunity to represent our university and country in this Niigata University Summer Program 2024.



Picture 1: Disha working with her teammates



Picture 2: Group 4 picture at the end of Day 3



Picture 3: Shreya with her teammates



Picture 4: Niigata University Summer Program 2024 Participants